

**Community Urology Service**  
**Newport Pagnell Medical Centre**  
**Referral Proforma for Female Continence Therapy Service**

This is a specialist nurse and physiotherapist-led clinic for women whose **dominant symptom** is urinary incontinence.

Fax this form to:- 01908 615099  
Tel: 01908 619911

Female Continence Therapy Service  
Newport Pagnell Medical Centre  
Queens Avenue  
Newport Pagnell  
Buckinghamshire  
MK16 8QT

I am sending an accompanying letter

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**Patient details**

Surname:..... NHS No:.....

Forename:..... Hospital No:.....

Date of birth:..... Daytime tel no:.....

Address:..... Mobile tel no:.....

..... Postcode: .....

Communication/understanding difficulties Language of choice:.....

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**Referring GP (please print or stamp)**

Name:..... Surgery address.....

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Referral date:..... Surgery tel no: .....

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**Main complaint:**     Stress related leaks     Urge-related leaks/or overactive bladder  
 Mixed

Duration of leakage:.....

**Clinical details**

History of LUTS: (lower urinary tract symptoms) Yes / No.....

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Abdominal masses: Yes / No    Pelvic mass: Yes / No    Symptomatic prolapse: Yes / No

**Previous History**

Gynae/urology surgery: (Details and dates).....

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Relevant medical history including current medication.....

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Comments:.....

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## **Who to refer**

Women with:-

- Stress, urge and mixed urinary incontinence.
- Urgency and frequency.
- Mild vaginal prolapse in females aged 16+.

## **Exclusions**

Urgently refer women with any of the following in the usual way:-

- Microscopic haematuria if aged 50 years and older.
- Visible haematuria.
- Recurrent or persisting UTI associated with haematuria if aged 40 years and older.
- Suspected pelvic mass arising from the urinary tract.

## **Indications for onward consultant referral:-**

- Symptomatic prolapse visible at or below the vaginal introitus.
- Palpable bladder on bimanual or physical examination after voiding.

## **Consider onward consultant referral for women with:-**

- Persisting bladder or urethral pain.
- Clinically benign pelvic masses.
- Associated faecal incontinence.
- Suspected neurological disease.
- Voiding difficulty.
- Suspected urogenital fistulae.
- Previous pelvic cancer surgery.
- Previous pelvic radiation therapy.

## **For advice:-**

Please contact

Lesley Thurston Advanced Urology Nurse Practitioner  
Sally Sheppard Women's Health Physiotherapist  
Tel:- 01908 619911 / 619912 (Secretary)